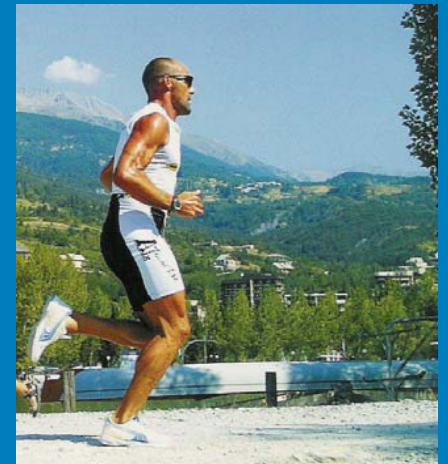
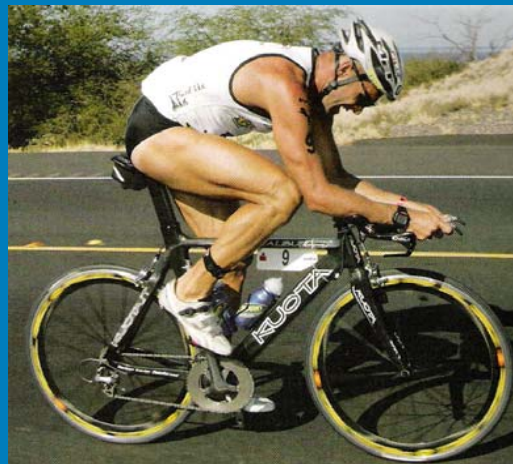


René
ROVERA

TRIATHLETE



SWIM - CYCLE - RUN

Meet...



Last Name	: ROVERA
First Name	: René
Occupation	: Professional triathlete
Date of Birth	: April, 21th, 1968 in Cannes (France, Alpes-Maritimes 06)
Height	: 1,82 m
Weight	: 80 kg
Coach	: Stéphane PALAZETTI
Triathlon Team	: Triathl'Aix en Provence
Swimming Team	: C.N. Antibes
Cycling Team	: C.C. Salon
Running Team	: M.N. Athlétique Club
Sports Idol	: Mark ALLEN
Quality	: Perseverance
Goal	: To win IRONMAN Hawaii

Results/Palmares...

Member of the French Triathlon Team Long Distance

2006 : 4th 70.3 IRONMAN Baja (Mexico)

2005 : 4th IRONMAN FRANCE – Nice

2004 : 1st IRONMAN Lanzarote (Spain, Canarias)

9th IRONMAN Hawaii (USA, Kona)

N°1 French Man

2003 : 4th IRONMAN Switzerland - Zürich

N°1 French Man

Triathlon World Championship LD Ibiza (Spain)

5th Triathlon LD Nice (France)

2002 : 3rd IRONMAN Switzerland - Zürich

N°1 French Man

2000 : Triathlon World Championship LD Nice (France)

Winner Pau Triathlon (French selection national LD team)

1998 : Runner - up at Duathlon World Championship LD Zofingen (Switzerland)

7th IRONMAN Hawaii (USA, Kona)

N°1 French Man

1997 : Runner – up Triathlon LD of France Saint-de-Luz (France)

Triathlon World Championship LD Zofingen (Schweiz)

Competed 8 times in the IRONMAN Hawaii (USA, Kona) 1996 / 97 / 98 / 2001 / 02 / 03 / 04 / 05

6 times 1st French

Competed 3 times in the IRONMAN Roth (Germany) 1996 / 97 / 2001

3 times 1st French

Many national and international victories in Triathlon, Running and Cycling

Press review...

Skill : “Skill : “Run...Rene is the most experienced Frenchman at Ironman Hawaii in Kona...” ...”
220 magazine - N°94 - oct 2003

“René ROVERA is the most experienced french athlete in Hawaii. Twice in top ten (7th in 98, 9th in 2004), it will be his 8th participation at the famous IRONMAN...”
Triathlète - N°222 - oct 2005

Best performance: 8h39'54
Triathlète - N°198 - oct 2003



Advice for younger generations : “ Be honest with yourself and others, do not fall into the trap of using drugs. Believe in yourself and in your dreams and do your best to realize them .”
René ROVERA pour Tri attitude - N°10 - oct/nov 2003

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Aix
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*“My performances are partly
the result of your skills,
knowledge and dedication ...”*



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